



**This Is The Most Important Document  
That You Will Ever Read  
On Antioxidants And Free Radicals  
If You Do Not Understand Them  
You Need To  
Clear Concise Simple Understanding**

**Free Radicals Are Thieves Who Steal Oxygen Energy From Your Cells Weakening Them.**

When a cell is attacked by a free radical it loses the fight every time. After the oxygen is stolen by the free radical, the cell enters into an acidic state and becomes susceptible to all diseases. At this point most cells die. Believe it or not, that is actually a good thing. It's the cells that survive, and learn how to live in what is known as an **"anaerobic state"** that we are concerned about.

**ANAEROBIC means living without oxygen.** This anaerobic acidic condition is very dangerous to your long-term health. Knowing how to STOP free radicals instantly should be a on the TOP of your personal health list.

**On an average day your body will suffer over 10,000 free radical attacks.** That is only 10,000 if you are living a clean lifestyle, and working in a low pollution environment. If you work in a polluted environment, or you are around smokers, fumes, or second hand smoke, you are a prime target for larger serious health problems at some point in your life.

### So Where Do Free Radicals Come From



#### THIS IS THE SHORT LIST

Cigarette Smoke, Second Hand Smoke, Car Exhaust  
Industrial Fumes, Poor Food Processing,  
Polluted Water, Bacteria Contaminates, Fungus  
Herbicides In Or On Vegetables, Fruit Or Food,  
Animal Growth Hormones In Meat,  
Chlorine In Water, Stress, Mercury In Seafood,  
Artificial Flavors, Growth Modified Foods  
Air Pollution, Stress, Pesticides, Air Travel,  
Prescription Medications  
Food Additives, Radiation, Chemo Therapy,  
Lack Of Exercise, Lack Of Sleep, Mercury In  
Seafood Teeth Fillings, Human Contamination

**LESTER PACKER, Ph.D.**, is regarded as the world's foremost antioxidant research scientist. He is the head of Packer Lab at the University of California at Berkeley. He is also a senior scientist at the prestigious Lawrence Berkeley National Laboratory.

Dr. Packer, Ph.D., recently stated from their findings and studies on free radicals and antioxidants, **"Scientists now believe that free radicals are causal factors in nearly every known disease, from heart disease to arthritis to cancer and cataracts to the aging process itself.** Free radicals can interfere with the biological components of our healthy cells and literally dismantle the body's essential cellular proteins, fatty cell membranes, and DNA."

**WOW!** I applaud Dr. Packer for his fact finding, cutting edge research. It is hard to find a research doctor that will put any credibility into the actual cause of diseases instead of only looking at how to treat the symptoms. The medical establishment today treats only the symptoms, not the ROOT cause of the problem and they have no active research for finding the CAUSE. It is locked into treating the symptoms because that is where the money is.

In most cases, treatment is fed to you in the form of acid based pharmaceuticals. THINK ABOUT IT. You disease is an acid based problem and they treat an acid based anaerobic cellular condition in your body with more acid. Think about just how far off the mark that treatment actually is. I have no doubt they have taken the wrong path to finding real answers for everything from the common cold to cancer.

### **VERY IMPORTANT**

What is so wonderful about Dr. Packer's discoveries is the medical fact that they validate the most amazing medical discovery in the world by his predecessor **Nobel Prize Winner** Dr. Otto Warburg. This man stunned the world and the medical community with his discovery on tumors, disease, and cancer.

Dr. Warburg proved that **ALL DISEASE INCLUDING CANCER, GROWS ONLY IN AN ACIDIC ANEROBIC CELLULAR STATE (WITHOUT OXYGEN) AND FEEDS ON SUGAR.**

**THE BEST PART OF DR. WARBURG'S AMAZING MEDICAL DISCOVERY, IS THAT HE ALSO PROVED that "No disease including cancer can live in an alkaline condition. A fact without exception"** This amazing man stunned the medical world with his findings even claiming to the world "We can no longer say that we do not know the cause of disease and cancer, if anything it is the one disease that we know the most about." He won the Nobel Prize for his findings.

**Think with me please.** Dr. Lester Packer has traced the inception or the STARTING point where all disease and cancer begins, to the free radicals attacks in your body. This is a huge medical discovery because he was looking for the CAUSE and not the symptoms. Dr. Warburg proved how disease grows in our bodies because of acid, **AND** how it cannot grow in our bodies if we can keep our body's cells in an alkaline state.

I hope at this point you are beginning to understand how important it is for you to STOP FREE RADICALS INSTANTLY and to bring your entire body into an ALKALINE Oxygen Infused State. We believe this is the most important issue today for personal health and well-being. What a great opportunity for every parent to offer a better chance in life to everyone in their families.

## ANTIOXIDANTS AND THEIR ROLE IN STOPPING FREE RADICALS

Without offering a long definition about antioxidants the simplest antioxidant definition would be they are molecules which fight free radicals and they are found in foods, supplements, even dark chocolate. YUM! Today you hear a lot of talk about them but few people really understand the fight between FREE RADICALS and ANTIOXIDANTS.

Based on what Dr. Packer and Dr. Warburg have proven about the root causes of disease, free radicals, acidic cells, and the importance of alkaline cells in your body. If you are going to fight free radicals you had better find the best antioxidant weapon you can to protect your body. The most powerful antioxidant in the world is real ION alkaline water infused with active hydrogen. It is more powerful than any food or supplement to fight free radicals.

Oddly enough, it's actually not much of a fight at all. In fact, it can be the most peaceable fight you have ever heard about, and it all takes place quietly within your body.

When you drink Ion Alkaline Water, the antioxidant power so powerful it is like sending thousands of antioxidant soldiers into your body. They are not armed with weapons but baskets full of extra oxygen energy. When they encounter free radicals they do not fight they reach in their baskets and GIVE the free radicals what they want. OXYGEN ENERGY! Once the free radicals get what they want they are instantly neutralized and do not attack your cells.

I cannot stress enough how critical it is to **change your water, and change your world**. In this polluted world kids need all the help they can get. Even the family pets should be drinking this.

Some simple rules about alkaline water you should know.

1. It is useless after 48 hours in a refrigerator. Always drink it fresh from our purifiers if possible. It can last all day in a good BPA free container.
2. **Alkaline water sold in stores is a scam.** Real alkaline water cannot last that long and most of the store bought stuff is done with a few additives and is **NOT** real ION Alkaline Water.
3. Alkaline supplement sticks sold to stir into your water or drops to add are **NOT** real Ion Alkaline water. They are additives, that is why you are told add them.

Alkaline water is not a miracle water. For me, based on the facts from Dr. Warburg and Dr. Packer I think I will keep drinking the infused alkaline water. A Toast! To Your Health.

**NOW IS THE TIME TO ALKALIZE YOUR BODY**

**Ion Alkaline Water**

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