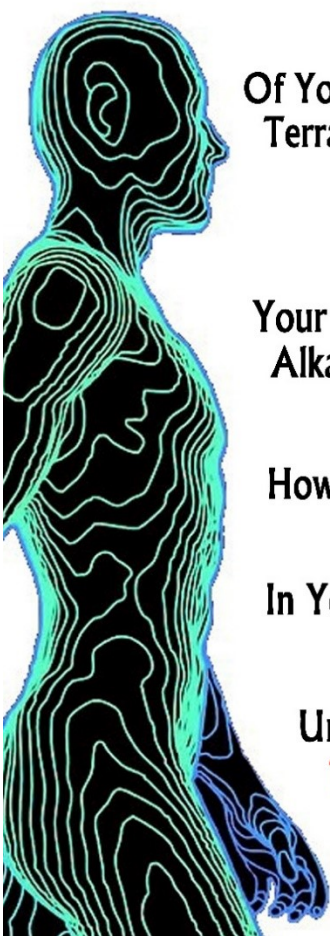


As you quietly read these words, a whirl of activity is taking place in every cell of your body. Every second, unseen, unnoticed, millions of new cells are reborn in your body's ceaseless program of self-generation. Since cells are the bricks and mortar from which all living tissue and organs are made, to understand degenerative and metabolic disease you must become familiar with the miniature world of the cell and how they are able to perform baffling chemical transformations producing infinitely complex proteins, vitamins, hormones, neurotransmitters, growth factors, enzymes and metabolic energy called ATP.

A healthy body is determined by the health of each of its single cells. **All disease originates at the cellular level and not at the organ or system level.** Healthy cells create healthy tissues. Healthy tissues create healthy organs like the heart and lungs. Healthy organs create healthy systems like the endocrine system or the immune system and healthy systems make up a healthy body.

In the complex world of 75 trillion cells that make up your nation body, you are the President (the brain) that delegates the police force that protects and shields the cellular citizens from attack by foreign enemies; the cellular citizen's work performance, transportation system, medical care, communication, food and water, and methods of toxic waste and trash removal. With your guidance and direction, the nation body will provide all the necessities for proper functioning as a whole.



80%
**Of Your Immune System
Terrain Is In Your Gut**

Boost
**Your Immune System
Alkalize Your Body**

**How To Balance The
pH
In Your Body For Life**

**Understanding Your
Total Body Acid**

Your cell citizens come in all shapes, sizes and performance capabilities that manufacture an infinite variety of job tasks. Some reside in large cities that are your organs; others prefer to live in the outskirts in small towns away from the traffic - your fingernails for instance. But no matter where they reside, each cellular citizen has a purpose, an important duty for the good of the nation — your body.

So if the health of the cell is the answer, what constitutes a healthy cell? What you eat, drink, breathe and bathe in will either nourish the 75 trillion cells with oxygen, water, vitamins, minerals, phytonutrients, essential fatty acids (EFAs), glucose and amino acids, or **contaminate the cells by the slow poisoning of the bloodstream.** You see, what you breathe, whether oxygen or environmental contaminants ends up in the bloodstream.

What you eat whether living organic fruits, vegetables, nuts, grains, legumes and seeds or refined, processed, foodless foods and toxic sugar laden drinks end up after digestion in the bloodstream. The bloodstream is a flowing river to all the cells for nourishment and removal of acidic waste residues. **So, is your bloodstream a river of life or a river of death and disease?**

Cells are multifaceted. Some are like miniature electrical generators like a lithium battery. They all respire like a lung to bring in intelligent nutrients and remove toxic waste products. Cells are also manufacturing plants that synthesize hormones, neurotransmitters, proteins and life force. These cellular engines also communicate like a wireless fiber-optic network 24 hours a day. Our finite minds couldn't possibly fathom or consciously control the extraordinary complex tasks of manufacturing, storage, repair, communication, transportation, police, waste disposal, administration, food production, temperature control and **pH (an acronym for "potential of hydrogen")** balancing that goes on in our body daily to the normally metabolized acids from body tissues and maintains health and vitality.

A picture metaphor of how the cells communicate would be to envision all six billion people on this planet picking up a wireless phone simultaneously and having a phone conversation. Now picture everyone clicking three-way and having a three-way conversation. Then picture everyone in the world clicking on conference call with total conversation capability of 1,000 different people simultaneously. The question is does your cell phone have good reception to transmit and receive messages? Your intestinal cell phone talks to the skin. Your spleen cell phone talks to the thymus. Your heart cell phone talks to the liver. All organs and systems work in unison. No organ or system works alone, just as no nutrient works alone. So what is the regulatory authority that controls cell processes? **The answer is pH.**

The pH of your tissues and body fluids affects the state of your health or inner cleanliness or filth. The closer the pH is to 7.35 - 7.45, the higher you're level of health and wellbeing and your ability to resist states of disease and the onset of symptomologies.

The pH scale is like a thermometer showing increases and decreases in the acid and alkaline content of these fluids. Deviations above or below a 7.35 -7.45 pH range in the blood can signal potentially serious and dangerous symptoms or states of disease. When the body can no longer effectively neutralize and eliminate the acids it relocates them within the body's extra-cellular fluids and connective tissue cells directly compromising cellular integrity.

Indeed the entire metabolic process depends on a balanced pH. As more acid wastes back up, and the body slowly stews in its poisonous wastes, a chronically over acidic body pH corrodes body tissue, slowly eating into the 60,000 miles of our veins and arteries like acid eating into marble. This is what science calls hemorrhage. If left unchecked, it will interrupt all cellular activities and functions from the beating of your heart to the neuron firing of your brain. Over acidification interferes with life itself, leading to all sickness and “dis-ease.”

Fundamentally, all regulatory mechanisms, including breathing, ingestion, circulation, hormone production, neurotransmitter release, etc., serve the purpose of balancing pH by removing cells. When you eat food, it ferments, just the way a banana on your counter ferments from a green, to yellow, to brown, to black. The banana rots from the inside out, not from the outside in. **That is why humans can look healthy from the outside but are rotting and decaying from the inside.**

This is what the medical community refers to as degenerative disease. These morbid microforms produce potent acidic by-products, which further compromise pH and create disruption in the body’s bio system. This process can involve further morbidity through bacteria, yeast, fungus and mold with subsequent serious life-threatening symptomologies. I would say that disease comes from the inside out and that the terrain or environment of the body is the catalyst for the development and progression of all disease. This does not preclude the contributing factors from external circumstances such as trauma, airborne microforms, air pollution, radiation, chemicals and drugs. These all provide negative acidic impressions but “dis-ease” arises within the cell in response to these impressions.

Sink or Swim

Think of your body as a fish tank. Imagine the importance of maintaining the integrity of the internal fluids of the body that we swim in daily. Imagine the fish in this tank are your cells and organ systems bathing in the fluids, which transport food and remove waste. Now imagine I back up my car and put the tailpipe up against the air intake filter supplying oxygen to the water in the tank. The water becomes filled with carbon monoxide lowering the pH, creating an acidic environment and threatening the health of the fish, (your cells and organs). What if you throw in too much food or the wrong kind of food and the fish are unable to consume or digest it all and the food starts to decompose and putrefy? Toxic waste chemicals build up as the food breaks down, creating more acidic by-products, altering the optimal pH.

This is a small example of what we are doing to our internal fluids daily, some of us more than others. We are polluting our internal fluids with acidic toxins like nicotine, drugs, excessive intake of acid forming foods, acidic beverages and social drugs such as coffee, carbonated beverages and alcohol, which all compromise the delicate balance of pH that maintains homeostasis. Some of us have bodies that are barely able to support life, yet we somehow manage to struggle from day to day manifesting severe imbalances until there is the inevitable crash and debilitating chronic, disturbing, and diseased symptomology to deal with a life-threatening illness in a hospital somewhere.

7 Bodily Responses That Fight To Maintain pH

All metabolic processes, including immunity, depend on a delicately balanced pH, which harmonizes electromagnetic energies. The body constantly fights to maintain a blood pH at around 7.35 -7.45 much like our internal thermostat that tries to maintain a 98.6-degree body temperature. There are seven homeostatic adaptation responses that fight to maintain this pH balance.

- 1) Using high pH bodily fluids such as water as a solvent to neutralize acid residues. Drinking Ion Alkaline water daily neutralizes the acidity and washes acid waste products from cells and tissues.**
- 2) Pulling bicarbonate from the pancreas into the blood (an alkalizing agent). Bicarbonate ions are generated into the blood cells from carbon dioxide and diffuse into the plasma.**
- 3) Protein buffers of glutathione, methionine, cystine, taurine, just to name a few, act as buffers intra-cellularly to bind or neutralize acids during cellular disorganization.**
- 4) Electrolyte buffers of sodium, calcium and potassium work in the blood, lymph, and extra-cellular and intracellular fluids to bind acids, which are then removed through the urine.**
- 5) Pulling stored calcium and magnesium from skeletal bones and teeth to neutralize blood acids.**
- 6) Filtration and elimination of acidic residues through the skin, urinary tract and respiration.**
- 7) Pushing blood acid residues and accumulated toxins into outer extremities as a storage bin away from vital organs. The wrist, joints, fingers, toes and skin are the major target areas to keep the toxins from saturating internal vital organs like the heart and lungs.**

When all seven-protection phases are overwhelmed, the end result is accumulated acid residues at the cellular level, which drown out oxygen. With this acidic, low oxygen terrain, the microzyma’s (small ferments) trigger morbid microbe infiltration of fungus, molds and parasites, cancer cells, etc., where they seek the diseased acid terrain as food. (Editor’s note: The term “microzyma” was created by Antoine Bechamp. These are small living components of cells and are described more fully later in this article).

As these organisms feed, they produce waste just like you do. Their urine and feces are called mycotoxins, which are very poisonous to humans. Being acids themselves, mycotoxins greatly worsen the acidity caused by an acidic diet and toxic acid emotions. They are spilled into the blood as well as inside cells, where they cause free radical damage to the genetic material of the cell eventually causing cell death. The dead necrotic cells also spill out acid wastes.

The blood poisoning results in more cell and tissue poisoning furthering the disturbance of the microzoma triggering morbid forms of yeast, molds and viruses, which disrupts body chemistry causing disease to the systems. So it's a vicious cycle. One acid condition creates another Acidic diet coupled with toxic acid emotions creates an acid pH to the cells.

This causes low oxygen levels (hypoxia), which is necessary for keeping back destructive anaerobic microbes and immunosuppression is the result. Then medical doctors come in and treat the acid condition with another acid (pharmaceuticals).

Pharmaceuticals Create Acidity, Not Alkalinity

What pharmaceutical drug neutralizes acids and increases pH? NOTHING!!! What pharmaceutical drug addresses nutritional deficiencies, especially alkaline minerals? **NOTHING!!!** What pharmaceutical drug boosts or enhances the immune system? **NOTHING!!!** And how could they? **Pharmaceuticals are acid based.** How can you treat an acid condition with acid? That's like trying to cure someone who accidentally drank poison with another poison.

The fact is all doctors are drugging the symptoms of acidity (due to toxicities) and drugging the symptoms of nutritional deficiencies. Headaches, nausea, fever, skin rashes, brain fog, severe tiredness, gastric bloating, angina pain and dizziness are the body's intelligent warning signals of a cellular engine problem due to an acidic pH in an organ or system.

Disease and symptoms are separate entities. Medical science teaches they are one and the same and by killing the symptom you somehow kill the disease. This absurd, twisted pseudo-science originated and continues to this day in all medical school training with little to no opposition. This brain-dead mentality of looking at symptoms as the disease has been going on since the indoctrination of medicine seven decades ago. In their ignorance, they're creating their own business by shoving the disease deeper into a chronic state that will eventually require more radical procedures of butchery and mutilation because they never address the acid state of a patient or the direct cause to disease.

Often times in today's world of medicine and pharmaceutical monopoly, scientific proof comes under the title of who wants it most, how much can you pay and how fast do you need it. Being an independent experiential research scientist myself, it's blatantly clear that scientists' findings are based upon personal philosophies, or who is signing their paycheck, rather than on truly scientific verifiable fact.

We blindly accept as fact the medical profession's teaching as to why we get sick. Then we accept their drugs, chemotherapy, radiation and surgery as the only means of treating the sickness which makes us sicker and exhausts our savings, slowly killing us. Yet, we never question the validity of their teachings. The physician cuts out the body part or poisons us with a prescription drug, chemotherapy or radiation instead of reestablishing health to the patient, which is the only way to reverse disease.

So what is defiling our bodies? The simple answer is; any substance ingested that is not part of the structure of the human body.

It is clear that man is made up of primarily airborne elements 96% (breath of life), oxygen, carbon, nitrogen and hydrogen while the remaining elements, about 4%, come from the earth (dust of the ground), potassium, magnesium, calcium, silver, copper, gold, etc

What do you think the medical profession is built on? Confusion, chaos and mystery. They get you to believe that there are 1001 different diseases for economic reasons when there is only one disease — a disease condition to a weak organ or system. **This article is based on the simplicity of reversing all disease processes by changing body pH naturally.**

Drinking Ion Alkaline Water will change your body's pH. It has been confirmed in studies that Ion Alkaline Water is more effective than clean water against chronic diarrhea, abdominal complaints and overall improvement rate (relief of abdominal complaints) and safer than clean water.

Here are some great benefits to drinking Ion Alkaline Water.

DETOXIFY - Detoxify your body to remove normal acidic waste products accumulated daily, plus remove toxins accumulated in your body from your environment, prescription drugs, unnatural foods, and from the "normal" process of aging. Acid wastes collected in the body can lead to more serious health conditions. **Drinking Ion Alkaline Water daily can neutralize the acidity and wash acid waste products from cells and tissues.**

HYDRATE - Hydrate your body: this is basic to maintain or regain optimum health. Ion Alkaline Water forms into micro clusters that are more easily absorbed at the cellular levels thus "super hydrating" your body.

OXYGENATE / ANTIOXIDANTS – Ion Alkaline Water is the most powerful antioxidant in the world. More powerful than any food or substance. It acts as a strong antioxidant that neutralizes scavenging harmful free radicals. Because Ion Alkaline Water has the ability to give up electrons, it can effectively neutralize and block free-radical damage to the body's cells. Ionized Alkaline Water seeks out free radicals and converts them into oxygen which your body can use for energy production and tissue oxygenation. Cancer and most other illnesses cannot survive in an oxygenated, alkaline environment.

ALKALIZE YOUR BODY'S pH – Ion Alkaline Water helps balance the body's pH, which tends to be acidic because of our high acidic food diet, stress and exposure to environmental toxins such as smog. Ion Alkaline Water will alkalize your body's pH from acidic to an alkaline pH. Alkaline is the "normal" state of healthy persons.

ENHANCE YOUR IMMUNE SYSTEM - Enhance your immune system to maximize your body's ability to fight off disease and heal itself.

All Disease Is Acid Related

In general, degenerative diseases are the result of acid waste build-up within weak cells and organs that are too weak to clean house. When we are born, we have the highest alkaline mineral concentration, establishing the highest pH. **That is why most degenerative diseases do not occur when you are young. They occur usually after 40 years of age.**

The underlying causes of cancer, heart disease, arteriosclerosis, high blood pressure, diabetes, arthritis, gout, kidney disease, asthma, allergies, psoriasis and other skin disorders, indigestion, diarrhea, nausea, obesity, tooth and gum diseases, osteoporosis, morning sickness, eye diseases, etc., are the accumulation of acids in tissues and cells, poor blood and lymph circulation, and poor cell activity due to toxic acidic residues accumulating around the cell membrane which prevent nutritional elements from entering the cell.

Body Electric

A healthy condition depends upon a high level of electromagnetic negative charge on the surfaces of tissue cells. **Acidity is the opposite charge and dampens out these electrical fields.** If tissue pH deviates too far to the acid side, cellular metabolism will cease and oxygen deprivation will occur. Acidity and lack of oxygen are the ideal environmental condition for morbid microforms to flourish. These are the primary symptoms of disease. So in short, acute or recurrent illnesses and infections are either the attempt by the body to mobilize mineral reserves from all parts of the body, or crisis attempts at detoxification. For example, the body may throw off acids through the skin, producing symptoms such as eczema, dermatitis, acne, or other skin disorders. Chronic symptoms result when all possibilities of neutralizing or eliminating acids have been exhausted.

So unless the treatment actually removes acids from the body and replaces nutrient building blocks, the cure at best will be only temporary and a cover-up Band-Aid therapy, shoving the disease deeper into a chronic state. **Remember, there is not one drug on the market that reduces the acidity of the body or addresses any kind of nutritional deficiency.** The sobering fact is, almost all drugs are acidic, especially antibiotics, they add to the acid residues. For this reason, today's medical science is pathetic when it comes to the cure for degenerative and metabolic disease.

Cancer Cell Growth Is Caused By Acid

Let's look at cancer. If you were to ask an allopathic doctor to explain cancer in a few words, the best that they can come up with after all these years of research is a cell mutation, a missing gene, or maybe a virus causing immune-suppression. Since cancer is not a localized disease, but a systemic condition, it shows up in the body's weakest link(s).

I refer to the body's weakest links as the dead zones because they carry a declining electromagnetic charge. **All healthy cells carry an electromagnetic negative charge, but all fermented cells and their acids carry an electromagnetic positive charge.**

These rotting cells and their acids act like a glue (attracting each other) because opposites attract, causing healthy cells to stick together. This leads to oxygen deprivation where healthy cells begin to rot. This is cancer. It's my conclusion based on years of research and study that cancer and AIDS are nothing more or less than a cellular disturbance of the electromagnetic balance due to acid PH disorganization of the cellular microzymas, their morbid evolution to bacteria, yeast fungus and molds, and their production of exotoxins and mycotoxins. Cancer therefore is a four-letter word — ACID, especially lactic acid as a waste product due to the low oxygen level and waste products of yeast and fungus.

Dr. Otto Warburg, two times Nobel Prize winner, stated in his book, *The Metabolism of Tumors*, that cancer cannot live in an Alkaline Environment. Every person that has cancer is acidic. The primary cause of cancer was the replacement of oxygen in the respiratory cell chemistry by the fermentation of sugar. The growth of cancer cells is initiated by a fermentation process, which can be triggered only in the absence of oxygen at the cell level. Cancerous cells spill lactic acid and other acidic compounds causing acid pH.

If you cover your mouth, oxygen is cut off and carbon dioxide is built up as an acid waste and you will eventually pass out through asphyxiation. And if your body's blood pH goes below seven, oxygen is cut off and you will be put into a coma or death will occur. The blood performs a balancing act in order to maintain the blood pH within a safe range of 7.35 - 7.45. Some cells instead of dying as normal cells do in an acid environment may adapt and survive by becoming abnormal cells like primitive yeast cells. These abnormal primitive yeast cells are called malignant cells. Malignant renegade cells do not communicate with brain function, or with their own DNA memory code. Therefore, malignant cells grow indefinitely and without order. This biological disorder is what science calls cancer. **This could be improved by drinking Ion Alkaline Water, eating an alkaline diet and boosting the immune system.**

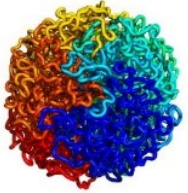
Diabetes Is Caused By Acid

The pancreas produces one of the highest pH body fluids - pancreatic juice with a pH of 8.8. A shortage of calcium ions in the body impairs the production and the release of the insulin hormone. **This eventually leads to an acidic blood condition.**

With the accumulated acidic waste products coating the receptor sites of the insulin producing beta cells, insulin is prevented from being synthesized or utilized. Diabetes is the result. This could be improved by an alkaline diet and detoxification and drinking Ion Alkaline Water.

Kidney Disease is Caused By Acidity

As acidic waste products accumulate in the blood, the kidneys - the bloodstreams filter - become more taxed, leading to nephritis, uremic poisoning, bladder diseases, etc. All kidney disease is acid related, which can be improved by an alkaline diet and drinking Ion Alkaline Water. Kidney stones are salts of phosphoric acid and uric acid, generally combined with calcium and/or magnesium.



Although calcium and magnesium are in the salts, they are there to soften the poisonous effects of uric acid and phosphoric acid. Some people mistakenly believe that kidney stones are formed because there's too much calcium. This is not true. Calcium compounds will dissolve in acidic urine, while a kidney stone will not. If you add calcium into the blood and lower blood acidity by an alkaline diet, kidney stones will dissolve from the inside.

Dr. Otto Warburg Nobel Prize Winner - Every Disease Is Acid Based

“All normal cells have an absolute requirement for oxygen, but cancer cells can live without oxygen – a rule without exception.” “Deprive a cell 35% of its oxygen for 48 hours and it may become cancerous.”

Allergies Are Acid Related

Allergies are an irritation/inflammation reaction appearing as allergy symptoms as a means of dealing with acid toxins. If a beneficial cleansing substance is taken such as wheat grass or fresh vegetable juice, sinus swelling, runny nose, skin reactions, tearing eyes, etc., are all ways of eliminating acid toxins. Thus, yeast and fungus whose poisons are acid may contribute significantly to your hay fever and sneezing. If you have no symptogenic yeast or fungus, it would be impossible for you to have allergies.

Obesity Linked To Acid pH

Over ingestion of carbohydrates and fats and not enough exercise to burn them as fuel causes our bodies to store fatty acids. Acetic acid, lactic acid and LDL cholesterol are the derivatives of fatty acid. Lactic acids and acetic acids lower the pH of body fluids drastically. This prevents the cellular engines from burning on all cylinders reducing metabolic rate. So a combination of lack of exercise, which reduces oxygen, toxic acidic residues around the cell, infiltration of morbid microforms in and around the cell and a reduction of peak performance energy burning from the mitochondria engines, causes obesity to set in.

With the obesity problem in this country, what exactly does this excess weight consist of? The answer is fatty acids. However, the body does not dispose of unburned food. This unburned food or fatty acids are stored in fat cells until they can be burned at a later time through some form of aerobics. To a point it is a reservoir to later be burned, but later never comes and we keep adding to the fatty acid reservoir. Acid coagulates blood and there is not much blood flow around fat. Usually the capillaries around the acid accumulation are clogged up.

These fatty acids generally form under the skin, especially around the waste line for men and around hips, thighs and breasts for women. When you compare the face of an old woman with a young woman, you can see the difference in the build up fat in the face of the older woman due to lack of blood flow therefore losing elasticity. This build up of fat in the face takes place gradually over time.

True understanding of the process of aging and obesity will give you the incentive to drink Ion Alkaline Water and eat alkaline foods that burn fast. Whatever it takes to help your body dispose of acidic waste slowly and steadily should be implemented.

Gastro-Intestinal Disorders Linked To Acidity

All stomach disorders, indigestion, nausea, gas, gastric reflux, are symptoms again that are caused by excess acidity in the gastric region. That is why antacids are prescribed. The neutralizing of acid through ingestion of Ion Alkaline Water, alkaline foods and alkaline minerals, will help to alleviate the acid related intestinal disorders including ulcers without taking destructive antacids and ibuprofen.

Arthritis is Caused By Acidity

Many different forms of arthritis are the result of acid accumulation from the blood into the joints and wrists. It is this accumulated acid that damages cartilage and coats the cells that produce synovial and bursa fluids causing a dryness which irritates the joints, manifesting swelling. With detoxification coupled with an alkalizing diet and Ion Alkaline Water, arthritis will disappear.

Gout Is Caused By An Acid Condition

Gout is an arthritic disease resulting from an excess of uric acid crystals in the blood from digestion of red meat, seafood, alcohol or poultry. The uric acid salts deposit in the surrounding tissues of the feet, hands and toes causing swelling and severe pain due to the broken glass like structure of the uric acid crystals especially in the big toe. The only solution in mainstream medicine for gout is deadly painkillers and anti-inflammatories, which are both acidic and further, irritate the joints. Unfortunately, the joints have limited blood circulation to carry out the acid wastes. With Ion Alkaline Water, an alkaline diet and increased circulation, gout will nearly disappear.

Eye Diseases Linked To Acidity

We generally do not consider the change in our vision to an acid condition. As we accumulate phosphates and urates etc. in our cells, the cells lose more oxygen. This causes more unburned sugar in the cell that will bond protein molecules. The end result is that the cells and tissues get stiff, hard and inflexible. These calcium deposits collecting on the optic nerve or ganglia are called cataracts. Loss of vision and macular degeneration are the same.

pH Values Of Different Drinks

- A popular brand of cola — 2.5. (It takes 32 glasses of a 10.0 pH alkaline water to neutralize one can of cola)
- Diet soft drinks — 3.2
- Popular brand beer — 4.7 pH
- Distilled water — 7.0 pH
- Filtered tap water — 8.4 pH
- Fresh vegetable juice (greens) — 8.9 pH
- Ion Alkaline Water — as high as 11.0 pH

Blood with a pH value of 7.45 contains 64.9 % more oxygen than blood with a pH value of 7.3. An astounding difference for just a minor variance. Acidity of some soft drinks is caused by carbon dioxide, which is a waste product we breathe out. **Carbonated beverages are a waste product, which the body rejects in the form of a burp.** This is a double whammy. Not only do you shove a toxic residue down your throat when drinking them, these drinks are filled with caramel coloring, phosphoric acid and ten teaspoons of sugar, which creates more of an acid environment and wipes out your immune system for up to four hours.

Human Body pH Fluid Values

- Stomach juice (hydrochloric acid) — 1.5 pH
- Skin — 4.7 pH
- Saliva — 7.1 pH
- The cell — 7.1 pH
- Blood — 7.35 to 7.45 pH
- Pancreatic juice — 8.8 pH

As long as there are sufficient amounts of alkaline minerals in the body, poisonous acids are neutralized. There is a family of minerals that are especially suited to neutralizing, or detoxifying strong acids: sodium, potassium, calcium and magnesium. They exist as salts in our tissues and are highly alkaline. A healthy body maintains alkaline reserves by recruiting elsewhere if insufficient minerals are not available from the diet, such as bone (calcium), or muscle (magnesium). So if we get back to high alkaline, organic fruits and vegetables which have rich top soil, and farmers rotated their crops and didn't use the acidic pesticides and herbicides, then we could alkalize the blood and keep the pH high and keep the reserves high enough to where the body is not going to be tilted towards acidic.

Ion Alkaline Water is a great step in the right direction in a polluted world. Imagine your life from a small age drinking Ion Alkaline Water.

That's why we say **ION KIDS, Change Their Water ... Change Their World.** Probably the most responsible thing you can do for their **FUTURE** health.

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